



Senior Men 100m heat 1 Wind: +4.7

1	379	Adam Oliver	Kirkby Milers AC	11.1		
2	759	Scott Sinclair	Blackpool Wyre & Fylde AC	11.1		
3	304	Omotoyosi Osijonwo	Chorley Athletic And Tri	11.4		
4	801	Alasdair Jackman	Lancaster & Morecambe AC	12.3		
5	381	Joshua Roughley	Kirkby Milers AC	13.7		

Senior Men 100m heat 2 Wind: +4.3

1	169	Jonathan Rutter	Blackpool Wyre & Fylde AC	12.5		
2	677	Ian McPhail	Wigan & District H & AC	13.9		
3	769	Paul Jeffries	Preston Harriers	14.5		
4	649	Jeff Darbyshire	Wigan & District H & AC	14.6		
5	803	Robert Coppel	Liverpool Pembroke & Sefton	16.1		
6	376	Nicholas McCole	Kirkby Milers AC	19.0		

Senior Men 100m overall

1	379	Adam Oliver	Kirkby Milers AC	11.1	7	D1
2	759	Scott Sinclair	Blackpool Wyre & Fylde	11.1	5	D1
3	304	Omotoyosi Osijonwo	Chorley AC & Tri	11.4	7	D2
4	801	Alasdair Jackman	Lancaster & Morecambe	12.3	5	D2
5	169	Jonathan Rutter	Blackpool Wyre & Fylde	12.5	4	D1
6	381	Joshua Roughley	Kirkby Milers AC	13.7	3	D1
7	677	Ian McPhail	Wigan & District	13.9	4	D2
8	769	Paul Jeffries	Preston Harriers	14.5	2	D1
9	649	Jeff Darbyshire	Wigan & District	14.6	3	D2
10	803	Robert Coppel	Liverpool P & S	16.1	1	D1
11	376	Nicholas McCole	Kirkby Milers AC	19.0		

Senior Men 200m

1	759	Scott Sinclair	Blackpool Wyre & Fylde	23.0	7	D1
2	379	Adam Oliver	Kirkby Milers AC	23.5	5	D1
3	486	Matthew Hughes	Liverpool P & S	23.7	4	D1
4	600	Graham Boreham	Southport Waterloo	25.6	3	D1
5	186	Simon Morton	Burnley AC	26.6	7	D2
6	556	Leeroy Golding	Pendle AC	28.1	5	D2
7	381	Joshua Roughley	Kirkby Milers AC	30.0	2	D1
8	649	Jeff Darbyshire	Wigan & District	31.3	4	D2

Senior Men 400m heat 1

1	113	Oliver Palk	Blackburn Harriers & Ac	53.7		
2	563	Harry Appleton	Preston Harriers	53.7		
3	600	Graham Boreham	Southport Waterloo AC	55.4		
4	810	Francisco Camacho (NC)	Edinburgh AC	55.8		
5	304	Omotoyosi Osijonwo	Chorley Athletic And Tri	63.4		

Senior Men 400m heat 2

1	494	Se Loughlin	Liverpool Pembroke & Sefton	58.0		
2	186	Simon Morton	Burnley AC	61.6		
3	727	Matt Thompson	Liverpool Pembroke & Sefton	66.6		
4	769	Paul Jeffries	Preston Harriers	72.2		
5	803	Robert Coppel	Liverpool Pembroke & Sefton	76.2		
6	376	Nicholas McCole	Kirkby Milers AC	96.2		

Senior Men 400m overall

1	113	Oliver Palk	Blackburn Harriers	53.7	7	D1
2	563	Harry Appleton	Preston Harriers	53.7	5	D1
3	600	Graham Boreham	Southport Waterloo	55.4	4	D1
4	810	Francisco Camacho (NC)	Edinburgh AC	55.8		
5	494	Se Loughlin	Liverpool P & S	58.0	3	D1
6	186	Simon Morton	Burnley AC	61.6	7	D2
7	304	Omotoyosi Osijonwo	Chorley AC & Tri	63.4	5	D2
8	727	Matt Thompson	Liverpool P & S	66.6	2	D1
9	769	Paul Jeffries	Preston Harriers	72.2	1	D1
10	803	Robert Coppel	Liverpool P & S	76.2		
11	376	Nicholas McCole	Kirkby Milers AC	96.2		

Senior Men 800m heat 1

1	395	James Brassington	Lancaster & Morecambe AC	2:02.0		
2	14	Edward Falkingham	Barrow & Furness Striders	2:02.4		
3	494	Se Loughlin	Liverpool Pembroke & Sefton	2:04.9		
4	30	Luke Turner	Barrow & Furness Striders	2:12.4		
5	400	Luke Davis	Lancaster & Morecambe AC	2:16.1		
6	631	Marc Singer	Southport Waterloo AC	2:16.9		
7	417	Ronan Maher	Lancaster & Morecambe AC	2:27.5		
8	727	Matt Thompson	Liverpool Pembroke & Sefton	2:31.2		
9	803	Robert Coppel	Liverpool Pembroke & Sefton	2:50.8		
10	702	David Priestley (NC)	Northern Masters AC	3:04.1		
11	376	Nicholas McCole	Kirkby Milers AC	3:22.0		

Senior Men 800m heat 1

1	395	James Brassington	Lancaster & Morecambe AC	2:02.0		
2	14	Edward Falkingham	Barrow & Furness Striders	2:02.4		
3	494	Se Loughlin	Liverpool Pembroke & Sefton	2:04.9		
4	30	Luke Turner	Barrow & Furness Striders	2:12.4		
5	400	Luke Davis	Lancaster & Morecambe AC	2:16.1		
6	631	Marc Singer	Southport Waterloo AC	2:16.9		
7	417	Ronan Maher	Lancaster & Morecambe AC	2:27.5		
8	727	Matt Thompson	Liverpool Pembroke & Sefton	2:31.2		
9	803	Robert Coppel	Liverpool Pembroke & Sefton	2:50.8		
10	702	David Priestley (NC)	Northern Masters AC	3:04.1		
11	376	Nicholas McCole	Kirkby Milers AC	3:22.0		

Senior Men 800m overall

1	395	James Brassington	Lancaster & Morecambe	2:02.0	7	D2
2	14	Edward Falkingham	Barrow & Furness	2:02.4	5	D2
3	494	Se Loughlin	Liverpool P & S	2:04.9	7	D1
4	30	Luke Turner	Barrow & Furness	2:12.4	4	D2
5	400	Luke Davis	Lancaster & Morecambe	2:16.1	3	D2
6	631	Marc Singer	Southport Waterloo	2:16.9	5	D1
7	417	Ronan Maher	Lancaster & Morecambe	2:27.5		
8	727	Matt Thompson	Liverpool P & S	2:31.2	4	D1
9	803	Robert Coppel	Liverpool P & S	2:50.8		
10	702	David Priestley (NC)	Northern Masters AC	3:04.1		
11	376	Nicholas McCole	Kirkby Milers AC	3:22.0	3	D1



Senior Men 1500m heat 1

1	705	Fabian Schiller	Lancaster & Morecambe AC	4:17.6		
2	380	Cameron Oliver	Kirkby Milers AC	4:27.5		
3	30	Luke Turner	Barrow & Furness Striders	4:35.3		
4	814	Joseph Twigg (NC)	Salford Harriers & AC	4:42.7		
5	549	James Whittle	Lytham St Annes RR Club	4:51.7		
6	543	Jake Rodwell	Lytham St Annes RR Club	4:58.3		
7	399	James Dalglish	Lancaster & Morecambe AC	5:05.5		

Senior Men 1500m heat 1

1	705	Fabian Schiller	Lancaster & Morecambe AC	4:17.6		
2	380	Cameron Oliver	Kirkby Milers AC	4:27.5		
3	30	Luke Turner	Barrow & Furness Striders	4:35.3		
4	814	Joseph Twigg (NC)	Salford Harriers & AC	4:42.7		
5	549	James Whittle	Lytham St Annes RR Club	4:51.7		
6	543	Jake Rodwell	Lytham St Annes RR Club	4:58.3		
7	399	James Dalglish	Lancaster & Morecambe AC	5:05.5		

Senior Men 1500m overall

1	705	Fabian Schiller	Lancaster & Morecambe	4:17.6	7	D2
2	380	Cameron Oliver	Kirkby Milers AC	4:27.5	7	D1
3	30	Luke Turner	Barrow & Furness	4:35.3	5	D2
4	814	Joseph Twigg (NC)	Salford Harriers & AC	4:42.7		
5	549	James Whittle	Lytham St Annes	4:51.7	4	D2
6	543	Jake Rodwell	Lytham St Annes	4:58.3	3	D2
7	399	James Dalglish	Lancaster & Morecambe	5:05.5	2	D2

Senior Men 3000m heat 1

1	800	Joe Turner	Kendal Amateur Athletic Club	9:26.2		
2	370	Derri Henderson	Kirkby Milers AC	9:56.2		
3	226	Alexander Hannay	Bury Athletic Club	10:29.5		
4	543	Jake Rodwell	Lytham St Annes RR Club	10:34.5		
5	808	Alexander Vernon	Southport Waterloo AC	10:37.0		
6	549	James Whittle	Lytham St Annes RR Club	10:40.0		
7	811	Samuel Drinkwater (NC)	Eryri Harriers	10:50.7		
8	367	James Ellis	Kirkby Milers AC	10:51.6		
9	369	Xander Heaton	Kirkby Milers AC	11:17.2		
10	544	Stephen Rodwell	Lytham St Annes RR Club	12:27.5		
11	799	Daniel Higgins	Blackpool Wyre & Fylde AC	14:05.7		
12	540	Greg Oulton	Lytham St Annes RR Club	14:17.6		

Senior Men 3000m heat 1

1	800	Joe Turner	Kendal Amateur Athletic Club	9:26.2		
2	370	Derri Henderson	Kirkby Milers AC	9:56.2		
3	226	Alexander Hannay	Bury Athletic Club	10:29.5		
4	543	Jake Rodwell	Lytham St Annes RR Club	10:34.5		
5	808	Alexander Vernon	Southport Waterloo AC	10:37.0		
6	549	James Whittle	Lytham St Annes RR Club	10:40.0		
7	811	Samuel Drinkwater (NC)	Eryri Harriers	10:50.7		
8	367	James Ellis	Kirkby Milers AC	10:51.6		
9	369	Xander Heaton	Kirkby Milers AC	11:17.2		
10	544	Stephen Rodwell	Lytham St Annes RR Club	12:27.5		
11	799	Daniel Higgins	Blackpool Wyre & Fylde AC	14:05.7		
12	540	Greg Oulton	Lytham St Annes RR Club	14:17.6		

Senior Men 3000m overall

1	800	Joe Turner	Kendal AAC	9:26.2	7	D2
2	370	Derri Henderson	Kirkby Milers AC	9:56.2	7	D1
3	226	Alexander Hannay	Bury AC	10:29.5	5	D2
4	543	Jake Rodwell	Lytham St Annes	10:34.5	4	D2
5	808	Alexander Vernon	Southport Waterloo	10:37.0	5	D1
6	549	James Whittle	Lytham St Annes	10:40.0	3	D2
7	811	Samuel Drinkwater (NC)	Eryri Harriers	10:50.7		
8	367	James Ellis	Kirkby Milers AC	10:51.6	4	D1
9	369	Xander Heaton	Kirkby Milers AC	11:17.2		
10	544	Stephen Rodwell	Lytham St Annes	12:27.5		
11	799	Daniel Higgins	Blackpool Wyre & Fylde	14:05.7	3	D1
12	540	Greg Oulton	Lytham St Annes	14:17.6		

Senior Men 4 x 100m Relay

1	649		Wigan & District	54.1	7	D2
2	381		Kirkby Milers AC	64.6	7	D1

Senior Men 4 x 400m Relay

1	370		Kirkby Milers AC	4:08.6	7	D1
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Senior Men High Jump

1	738	Adam Byrne	Southport Waterloo	1.65	7	D1
2	739	John Byrne	Southport Waterloo	1.50	5	D1

Senior Men Long Jump

1	759	Scott Sinclair	Blackpool Wyre & Fylde	6.88	7	D1
2	304	Omotosoyi Osijonwo	Chorley AC & Tri	5.81	7	D2
3	773	Alex Houghton	Wigan & District	4.39	5	D2
4	649	Jeff Darbyshire	Wigan & District	4.05	4	D2
5	819	Lewis McAfee	Lytham St Annes	3.43	3	D2

Senior Men Triple Jump

1	417	Ronan Maher	Lancaster & Morecambe	10.08	7	D2
2	367	James Ellis	Kirkby Milers AC	8.87	7	D1
3	819	Lewis McAfee	Lytham St Annes	7.57	5	D2

Senior Men Shot

1	311	Felix Taylor	Chorley AC & Tri	12.65	7	D2
2	466	David Brown	Liverpool P & S	8.83	7	D1
3	285	Richard Cordwell	Chorley AC & Tri	7.96	5	D2
4	664	Karl Hopper	Wigan & District	7.08	4	D2
5	769	Paul Jeffries	Preston Harriers	7.05	5	D1
6	661	Philip Hayton	Wigan & District	7.02	3	D2
7	404	Dave Fisher	Lancaster & Morecambe	6.62	2	D2
8	369	Xander Heaton	Kirkby Milers AC	6.17	4	D1
9	371	Nathaniel Hopkins	Kirkby Milers AC	4.30	3	D1

Senior Men Discus

1	311	Felix Taylor	Chorley AC & Tri	21.92	7	D2
2	285	Richard Cordwell	Chorley AC & Tri	19.16	5	D2
3	661	Philip Hayton	Wigan & District	17.79	4	D2
4	524	Iain Wilkinson	Liverpool P & S	17.60	7	D1
5	773	Alex Houghton	Wigan & District	15.84	3	D2
6	739	John Byrne	Southport Waterloo	15.11	5	D1
7	664	Karl Hopper	Wigan & District	13.43		
8	371	Nathaniel Hopkins	Kirkby Milers AC	10.47	4	D1



Senior Men Javelin

1	738	Adam Byrne	Southport Waterloo	36.10	7	D1
2	311	Felix Taylor	Chorley AC & Tri	32.54	7	D2
3	466	David Brown	Liverpool P & S	29.05	5	D1
4	404	Dave Fisher	Lancaster & Morecambe	28.56	5	D2
5	677	Ian McPhail	Wigan & District	25.64	4	D2
6	370	Derri Henderson	Kirkby Milers AC	22.34	4	D1
7	773	Alex Houghton	Wigan & District	21.43	3	D2
8	769	Paul Jeffries	Preston Harriers	19.79	3	D1
9	360	Stuart Cameron	Kirkby Milers AC	18.94	2	D1
10	371	Nathaniel Hopkins	Kirkby Milers AC	11.24		

Senior Men Hammer

1	466	David Brown	Liverpool P & S	24.03	7	D1
2	677	Ian McPhail	Wigan & District	18.93	7	D2
3	739	John Byrne	Southport Waterloo	17.18	5	D1
4	661	Philip Hayton	Wigan & District	15.25	5	D2

Under 20 Men Discus

1	738	Adam Byrne	Southport Waterloo	30.65	7	D1
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Under 17 Men 100m heat 1 Wind: +4.2

1	815	Marcus Kirk	Carlisle Aspatria AC	11.6		
2	265	Daniel Cattermole	Carlisle Aspatria AC	11.7		
3	561	Austin Allen	Preston Harriers	11.8		
4	737	Jake Anders	Southport Waterloo AC	11.8		
5	174	Zion Abuah	Burnley AC	12.0		
6	660	Matthew Hayton	Wigan & District H & AC	12.2		
7	422	Harry Perkins	Lancaster & Morecambe AC	14.1		

Under 17 Men 100m heat 2 Wind: +4.4

1	76	Jacob Fisher	Blackburn Harriers & Ac	11.4		
2	294	Lucas James	Chorley Athletic And Tria	11.6		
3	298	Lucas Moon	Chorley Athletic And Tria	11.8		
4	269	Fergus Horner	Carlisle Aspatria AC	11.9		
5	717	Muhammad-sufian Riaz-Ahmed	Hyndburn AC	12.4		
6	62	Sami Butt	Blackburn Harriers & Ac	12.4		
7	805	Alex Collinson	Preston Harriers	12.8		

Under 17 Men 100m overall

1	76	Jacob Fisher	Blackburn Harriers	11.4	7	D1
2	815	Marcus Kirk	Carlisle Aspatria AC	11.6	5	D1
3	294	Lucas James	Chorley AC & Tri	11.6	7	D2
4	265	Daniel Cattermole	Carlisle Aspatria AC	11.7	4	D1
5	561	Austin Allen	Preston Harriers	11.8	3	D1
6	737	Jake Anders	Southport Waterloo	11.8	2	D1
7	298	Lucas Moon	Chorley AC & Tri	11.8	5	D2
8	269	Fergus Horner	Carlisle Aspatria AC	11.9		
9	174	Zion Abuah	Burnley AC	12.0	4	D2
10	660	Matthew Hayton	Wigan & District	12.2	3	D2
11	717	Muhammad-sufian Riaz-Ahmed	Hyndburn AC	12.4	2	D2
12	62	Sami Butt	Blackburn Harriers	12.4	1	D1
13	805	Alex Collinson	Preston Harriers	12.8		
14	422	Harry Perkins	Lancaster & Morecambe	14.1	1	D2

Under 17 Men 200m heat 1 Wind: +1.8

1	76	Jacob Fisher	Blackburn Harriers & Ac	23.5		
2	815	Marcus Kirk	Carlisle Aspatria AC	23.9		
3	365	Luke Culshaw	Kirkby Milers AC	25.3		
4	737	Jake Anders	Southport Waterloo AC	25.3		

Under 17 Men 200m heat 2 Wind: +1.2

1	561	Austin Allen	Preston Harriers	24.4		
2	265	Daniel Cattermole	Carlisle Aspatria AC	24.6		
3	298	Lucas Moon	Chorley Athletic And Tria	24.8		
4	269	Fergus Horner	Carlisle Aspatria AC	25.2		
5	717	Muhammad-sufian Riaz-Ahmed	Hyndburn AC	26.3		

Under 17 Men 200m overall

1	76	Jacob Fisher	Blackburn Harriers	23.5	7	D1
2	815	Marcus Kirk	Carlisle Aspatria AC	23.9	5	D1
3	561	Austin Allen	Preston Harriers	24.4	4	D1
4	265	Daniel Cattermole	Carlisle Aspatria AC	24.6	3	D1
5	298	Lucas Moon	Chorley AC & Tri	24.8	7	D2
6	269	Fergus Horner	Carlisle Aspatria AC	25.2		
7	365	Luke Culshaw	Kirkby Milers AC	25.3	2	D1
8	737	Jake Anders	Southport Waterloo	25.3	1	D1
9	717	Muhammad-sufian Riaz-Ahmed	Hyndburn AC	26.3	5	D2

Under 17 Men 400m

1	354	Alfie Todd	Kendal AAC	53.3	7	D2
2	428	Joe Waddington	Lancaster & Morecambe	56.7	5	D2
3	779	Lucas Smith (NC)	Keighley & Craven AC	58.0		
4	468	Sam Christie	Liverpool P & S	61.4	7	D1

Under 17 Men 800m

1	394	Ben Brassington	Lancaster & Morecambe	2:04.1	7	D2
2	674	Sami Manir-Jolley	Wigan & District	2:04.1	5	D2
3	365	Luke Culshaw	Kirkby Milers AC	2:06.0	7	D1
4	66	Ethan James Cutler	Blackburn Harriers	2:12.6	5	D1
5	586	Adam Link	Preston Harriers	2:14.1	4	D1
6	92	Loucas Lancashire	Blackburn Harriers	2:23.6	3	D1
7	576	George Darbyshire	Preston Harriers	2:27.8	2	D1

Under 17 Men 1500m

1	338	Will Brayshaw	Kendal AAC	4:26.2	7	D2
2	446	Will McNally	Leven Valley AC	4:30.6	5	D2
3	98	Logan McCredie	Blackburn Harriers	4:33.2	7	D1
4	168	Jayden Richardson	Blackpool Wyre & Fylde	5:01.8	5	D1

Under 17 Men 3000m

1	402	Jack Eccles	Lancaster & Morecambe	9:41.3	7	D2
2	334	Alfie Addison	Kendal AAC	9:49.0	5	D2
3	168	Jayden Richardson	Blackpool Wyre & Fylde	11:45.0	7	D1

Under 17 Men 4 x 100m Relay

1	265		Carlisle Aspatria AC	51.3	7	D1
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Under 17 Men Long Jump

1	412	Kyran Kouacou	Lancaster & Morecambe	4.96	7	D2
2	804	Darren Ajayi	Preston Harriers	4.73	7	D1
3	422	Harry Perkins	Lancaster & Morecambe	4.36	5	D2
4	737	Jake Anders	Southport Waterloo	4.17	5	D1



Under 17 Men Triple Jump

1	412	Kyran Kouacou	Lancaster & Morecambe	11.64	7	D2
2	586	Adam Link	Preston Harriers	11.50	7	D1
3	804	Darren Ajayi	Preston Harriers	11.46	5	D1
4	587	Matthew Link	Preston Harriers	11.00		
5	265	Daniel Cattermole	Carlisle Aspatria AC	10.75	4	D1
6	591	Edward Procter	Preston Harriers	9.32		

Under 17 Men Shot

1	822	Phoenix Oliver	Wigan & District	8.46	7	D2
2	163	Charlie Lundy	Blackpool Wyre & Fylde	8.34	7	D1
3	269	Fergus Horner	Carlisle Aspatria AC	8.10	5	D1
4	382	Luke Roughley	Kirkby Milers AC	7.17	4	D1
5	660	Matthew Hayton	Wigan & District	4.84	5	D2

Under 17 Men Discus

1	471	Charlie Climpson	Liverpool P & S	36.18	7	D1
2	163	Charlie Lundy	Blackpool Wyre & Fylde	25.20	5	D1
3	382	Luke Roughley	Kirkby Milers AC	23.03	4	D1
4	822	Phoenix Oliver	Wigan & District	13.55	7	D2

Under 17 Men Javelin

1	92	Loucas Lancashire	Blackburn Harriers	38.60	7	D1
2	471	Charlie Climpson	Liverpool P & S	37.39	5	D1
3	318	Peter John Sagar-Moss	Hyndburn AC	29.58	7	D2
4	382	Luke Roughley	Kirkby Milers AC	16.25	4	D1
5	822	Phoenix Oliver	Wigan & District	12.19	5	D2

Under 15 Boys 100m heat 1 Wind: +3.7

1	54	Tomi Birch	Blackburn Harriers & Ac	12.1		
2	821	Joshua Noland	Blackpool Wyre & Fylde A	12.4		
3	213	Harry Dada March	Bury Athletic Club	12.8		
4	286	Louis Crake	Chorley Athletic And Tria	13.3		
5	266	Harry Cattermole	Carlisle Aspatria AC	13.3		
6	723	Joshua Jackson	Lancaster & Morecambe A	13.4		

Under 15 Boys 100m heat 2 Wind: +4.1

1	61	Isaac Brindle	Blackburn Harriers & Ac	12.4		
2	807	Jack Nelson	Southport Waterloo AC	12.4		
3	579	Oliver Fulcher	Preston Harriers	12.6		
4	816	Benjamin Culshaw	Kirkby Milers AC	12.7		
5	585	William Kozlow	Preston Harriers	13.1		
6	339	Lucas Forrest	Kendal Amateur Athletic C	14.0		

Under 15 Boys 100m heat 3 Wind: +1.9

1	131	Jack Thompson	Blackburn Harriers & Ac	12.9		
2	554	Lewis Burt	Pendle Athletic Club	12.9		
3	584	Beau Ince	Preston Harriers	13.1		
4	295	Oliver Jones	Chorley Athletic And Tria	13.5		
5	820	Tom Walker	Preston Harriers	14.0		
6	617	Harry Lavery	Southport Waterloo AC	15.9		

Under 15 Boys 100m overall

1	54	Tomi Birch	Blackburn Harriers	12.1	7	D1
2	821	Joshua Noland	Blackpool Wyre & Fylde	12.4	5	D1
3	61	Isaac Brindle	Blackburn Harriers	12.4	4	D1
4	807	Jack Nelson	Southport Waterloo	12.4	3	D1
5	579	Oliver Fulcher	Preston Harriers	12.6	2	D1
6	816	Benjamin Culshaw	Kirkby Milers AC	12.7	1	D1
7	213	Harry Dada March	Bury AC	12.8	7	D2
8	131	Jack Thompson	Blackburn Harriers	12.9		
9	554	Lewis Burt	Pendle AC	12.9	5	D2
10	585	William Kozlow	Preston Harriers	13.1		
11	584	Beau Ince	Preston Harriers	13.1		
12	266	Harry Cattermole	Carlisle Aspatria AC	13.3		
13	286	Louis Crake	Chorley AC & Tri	13.3	4	D2
14	723	Joshua Jackson	Lancaster & Morecambe	13.4	3	D2
15	295	Oliver Jones	Chorley AC & Tri	13.5	2	D2
16	339	Lucas Forrest	Kendal AAC	14.0	1	D2
17	820	Tom Walker	Preston Harriers	14.0		
18	617	Harry Lavery	Southport Waterloo	15.9		

Under 15 Boys 200m heat 1 Wind: +1.6

1	807	Jack Nelson	Southport Waterloo AC	25.9		
2	816	Benjamin Culshaw	Kirkby Milers AC	26.4		
3	268	Benjamin Holmes	Carlisle Aspatria AC	27.4		
4	295	Oliver Jones	Chorley Athletic And Tria	27.6		
5	689	Aston Stubbs (NC)	Annan & District AC	28.4		
6	449	Henry Murray	Leven Valley AC	29.3		

Under 15 Boys 200m heat 2 Wind: +2.7

1	54	Tomi Birch	Blackburn Harriers & Ac	25.7		
2	213	Harry Dada March	Bury Athletic Club	26.5		
3	770	Josh MacKie	Preston Harriers	26.5		
4	554	Lewis Burt	Pendle Athletic Club	26.6		
5	584	Beau Ince	Preston Harriers	27.9		

Under 15 Boys 200m heat 3 Wind: +0.5

1	131	Jack Thompson	Blackburn Harriers & Ac	27.0		
2	266	Harry Cattermole	Carlisle Aspatria AC	27.8		
3	806	Daniel Moore	Preston Harriers	29.5		
4	690	Mason Stubbs (NC)	Annan & District AC	30.6		
5	591	Edward Procter	Preston Harriers	31.5		



Under 15 Boys 200m overall

1	54	Tomi Birch	Blackburn Harriers	25.7	7	D1
2	807	Jack Nelson	Southport Waterloo	25.9	5	D1
3	816	Benjamin Culshaw	Kirkby Milers AC	26.4	4	D1
4	213	Harry Dada March	Bury AC	26.5	7	D2
5	770	Josh MacKie	Preston Harriers	26.5	3	D1
6	554	Lewis Burt	Pendle AC	26.6	5	D2
7	131	Jack Thompson	Blackburn Harriers	27.0	2	D1
8	268	Benjamin Holmes	Carlisle Aspatria AC	27.4	1	D1
9	295	Oliver Jones	Chorley AC & Tri	27.6	4	D2
10	266	Harry Cattermole	Carlisle Aspatria AC	27.8		
11	584	Beau Ince	Preston Harriers	27.9		
12	689	Aston Stubbs (NC)	Annan & District AC	28.4		
13	449	Henry Murray	Leven Valley AC	29.3	3	D2
14	806	Daniel Moore	Preston Harriers	29.5		
15	690	Mason Stubbs (NC)	Annan & District AC	30.6		
16	591	Edward Procter	Preston Harriers	31.5		

Under 15 Boys 400m

1	293	Elliot James	Chorley AC & Tri	57.9	7	D2
2	212	Oliver Cooper	Bury AC	59.7	5	D2
3	244	Jakub Purzycki	Bury AC	60.9	4	D2
4	770	Josh MacKie	Preston Harriers	61.9	7	D1
5	410	Oscar Holroyd	Lancaster & Morecambe	64.2	3	D2
6	268	Benjamin Holmes	Carlisle Aspatria AC	65.5	5	D1
7	286	Louis Crake	Chorley AC & Tri	66.2	2	D2
8	37	James Acton-Grieves	Blackburn Harriers	68.0	4	D1

Under 15 Boys 800m

1	640	William Ashcroft	Wigan & District	2:13.6	7	D2
2	652	Alexander Glenn	Wigan & District	2:16.6	5	D2
3	713	Billy Walderman	Blackpool Wyre & Fylde	2:17.9	7	D1
4	85	George Holman	Blackburn Harriers	2:24.8	5	D1
5	675	Zak Manir-Jolley	Wigan & District	2:25.1		
6	244	Jakub Purzycki	Bury AC	2:31.3	4	D2
7	449	Henry Murray	Leven Valley AC	2:31.9	3	D2
8	690	Mason Stubbs (NC)	Annan & District AC	2:34.1		
9	10	Joseph Cook	Barrow & Furness	2:36.2	2	D2
10	443	Demitri Kyriacou	Leven Valley AC	2:37.9	1	D2
11	668	Henry Jeffs-Watts	Wigan & District	2:38.0		

Under 15 Boys 1500m

1	704	Francis Vidler (NC)	Guest	4:23.2		
2	605	Eddy Clark	Southport Waterloo	4:39.3	7	D1
3	689	Aston Stubbs (NC)	Annan & District AC	4:46.5		
4	149	Archie Belfield	Blackpool Wyre & Fylde	4:46.9	5	D1
5	410	Oscar Holroyd	Lancaster & Morecambe	5:04.5	7	D2
6	120	Theo Robinson	Blackburn Harriers	5:05.4	4	D1
7	312	Harry Walkden	Chorley AC & Tri	5:07.1	5	D2
8	433	Ryan Birt Reed	Leven Valley AC	5:08.1	4	D2

Under 15 Boys 4 x 100m Relay

1	770		Preston Harriers	56.7	7	D1
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Under 15 Boys High Jump

1	663	Samuel Hodgkinson	Wigan & District	1.45	7	D2
2	770	Josh MacKie	Preston Harriers	1.40	7	D1
3	723	Joshua Jackson	Lancaster & Morecambe	1.35	5	D2
4	339	Lucas Forrest	Kendal AAC	1.30	4	D2
5	806	Daniel Moore	Preston Harriers	1.30	5	D1
6	591	Edward Procter	Preston Harriers	1.25		

Under 15 Boys Long Jump

1	807	Jack Nelson	Southport Waterloo	4.89	7	D1
2	37	James Acton-Grieves	Blackburn Harriers	4.56	5	D1
3	585	William Kozlow	Preston Harriers	4.46	4	D1
4	213	Harry Dada March	Bury AC	4.34	7	D2
5	816	Benjamin Culshaw	Kirkby Milers AC	4.31	3	D1
6	286	Louis Crake	Chorley AC & Tri	4.30	5	D2
7	244	Jakub Purzycki	Bury AC	4.21	4	D2
8	689	Aston Stubbs (NC)	Annan & District AC	4.17		
9	449	Henry Murray	Leven Valley AC	4.16	3	D2
10	10	Joseph Cook	Barrow & Furness	4.09	2	D2
11	723	Joshua Jackson	Lancaster & Morecambe	4.02	1	D2
12	295	Oliver Jones	Chorley AC & Tri	3.99		
13	663	Samuel Hodgkinson	Wigan & District	3.94		
14	690	Mason Stubbs (NC)	Annan & District AC	3.80		
15	591	Edward Procter	Preston Harriers	3.52	2	D1
16	806	Daniel Moore	Preston Harriers	3.32		
17	339	Lucas Forrest	Kendal AAC	3.28		

Under 15 Boys Shot

1	212	Oliver Cooper	Bury AC	11.54	7	D2
2	626	Matthew Nuttall	Southport Waterloo	10.11	7	D1
3	809	Isaac Wright	Wigan & District	8.92	5	D2
4	368	Kaiden Ellis	Kirkby Milers AC	6.28	5	D1

Under 15 Boys Discus

1	368	Kaiden Ellis	Kirkby Milers AC	14.23	7	D1
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Under 15 Boys Javelin

1	204	Ben Clarke	Bury AC	44.61	7	D2
2	584	Beau Ince	Preston Harriers	28.21	7	D1
3	10	Joseph Cook	Barrow & Furness	27.60	5	D2
4	626	Matthew Nuttall	Southport Waterloo	22.56	5	D1
5	809	Isaac Wright	Wigan & District	19.83	4	D2
6	433	Ryan Birt Reed	Leven Valley AC	19.35	3	D2
7	368	Kaiden Ellis	Kirkby Milers AC	18.71	4	D1
8	663	Samuel Hodgkinson	Wigan & District	N.M0		

Under 13 Boys 100m heat 1 Wind: +3.1

1	623	Lewis McIlroy	Southport Waterloo AC	13.3		
2	407	Ruben Heath	Lancaster & Morecambe A	13.6		
3	686	Charlie Stretton	Wigan & District H & AC	14.2		
4	23	Lewis Jupp-Jackson	Barrow & Furness Striders	14.8		
5	682	Zain Porter-Alam	Wigan & District H & AC	14.9		
6	341	Fisher Hayton	Kendal Amateur Athletic C	15.4		



Under 13 Boys 100m heat 2 Wind: +3.2

1	307	Billy Rowbottom	Chorley Athletic And Tria	14.0		
2	391	Logan Bentley	Lancaster & Morecambe A	14.4		
3	366	Harrison Ellis	Kirkby Milers AC	15.2		
4	518	Saul Taylor Bromley	Liverpool Pembroke & Sef	15.3		
5	764	Ryan Poland	Kirkby Milers AC	15.8		
6	474	Cruz Edwards	Liverpool Pembroke & Sef	16.1		

Under 13 Boys 100m heat 3

1	392	Henry Bowers	Lancaster & Morecambe A	13.5		
2	343	Ben Hollows	Kendal Amateur Athletic C	14.0		
3	291	Lucas Forshaw	Chorley Athletic And Tria	14.4		
4	802	Jacob Taylor	Lancaster & Morecambe A	14.6		
5	361	Ryan Cartwright	Kirkby Milers AC	15.1		
6	201	Zac Buckley	Bury Athletic Club	15.1		
7	281	James Astley	Chorley Athletic And Tria	15.1		

Under 13 Boys 100m overall

1	623	Lewis McIlroy	Southport Waterloo	13.3	7	D1
2	392	Henry Bowers	Lancaster & Morecambe	13.5	7	D2
3	407	Ruben Heath	Lancaster & Morecambe	13.6	5	D2
4	307	Billy Rowbottom	Chorley AC & Tri	14.0	4	D2
5	343	Ben Hollows	Kendal AAC	14.0	3	D2
6	686	Charlie Stretton	Wigan & District	14.2	2	D2
7	391	Logan Bentley	Lancaster & Morecambe	14.4		
8	291	Lucas Forshaw	Chorley AC & Tri	14.4	1	D2
9	802	Jacob Taylor	Lancaster & Morecambe	14.6		
10	23	Lewis Jupp-Jackson	Barrow & Furness	14.8		
11	682	Zain Porter-Alam	Wigan & District	14.9		
12	281	James Astley	Chorley AC & Tri	15.1		
13	201	Zac Buckley	Bury AC	15.1		
14	361	Ryan Cartwright	Kirkby Milers AC	15.1	5	D1
15	366	Harrison Ellis	Kirkby Milers AC	15.2	4	D1
16	518	Saul Taylor Bromley	Liverpool P & S	15.3	3	D1
17	341	Fisher Hayton	Kendal AAC	15.4		
18	764	Ryan Poland	Kirkby Milers AC	15.8		
19	474	Cruz Edwards	Liverpool P & S	16.1	2	D1

Under 13 Boys 200m heat 1 Wind: +1.2

1	623	Lewis McIlroy	Southport Waterloo AC	27.5		
2	555	Alex Dugdale	Pendle Athletic Club	29.8		
3	407	Ruben Heath	Lancaster & Morecambe A	30.1		
4	686	Charlie Stretton	Wigan & District H & AC	30.3		
5	372	George Jackson	Kirkby Milers AC	30.5		
6	341	Fisher Hayton	Kendal Amateur Athletic C	33.2		
7	366	Harrison Ellis	Kirkby Milers AC	35.6		

Under 13 Boys 200m heat 2 Wind: +2.2

1	622	James McGrory	Southport Waterloo AC	28.1		
2	392	Henry Bowers	Lancaster & Morecambe A	29.1		
3	682	Zain Porter-Alam	Wigan & District H & AC	31.9		
4	764	Ryan Poland	Kirkby Milers AC	33.6		
5	361	Ryan Cartwright	Kirkby Milers AC	34.4		
6	818	Joshua McAfee	Lytham St Annes RR Club	36.9		

Under 13 Boys 200m heat 3 Wind: +2.4

1	736	Nathaniel White	Preston Harriers	29.3		
2	11	Noah Cook	Barrow & Furness Striders	29.9		
3	254	Ethan Statham	Bury Athletic Club	31.2		
4	23	Lewis Jupp-Jackson	Barrow & Furness Striders	31.9		

Under 13 Boys 200m overall

1	623	Lewis McIlroy	Southport Waterloo	27.5	7	D1
2	622	James McGrory	Southport Waterloo	28.1	5	D1
3	392	Henry Bowers	Lancaster & Morecambe	29.1	7	D2
4	736	Nathaniel White	Preston Harriers	29.3	4	D1
5	555	Alex Dugdale	Pendle AC	29.8	5	D2
6	11	Noah Cook	Barrow & Furness	29.9	4	D2
7	407	Ruben Heath	Lancaster & Morecambe	30.1	3	D2
8	686	Charlie Stretton	Wigan & District	30.3	2	D2
9	372	George Jackson	Kirkby Milers AC	30.5	3	D1
10	254	Ethan Statham	Bury AC	31.2	1	D2
11	682	Zain Porter-Alam	Wigan & District	31.9		
12	23	Lewis Jupp-Jackson	Barrow & Furness	31.9		
13	341	Fisher Hayton	Kendal AAC	33.2		
14	764	Ryan Poland	Kirkby Milers AC	33.6	2	D1
15	361	Ryan Cartwright	Kirkby Milers AC	34.4		
16	366	Harrison Ellis	Kirkby Milers AC	35.6		
17	818	Joshua McAfee	Lytham St Annes	36.9		

Under 13 Boys 800m heat 1

1	156	Bobby Hastwell	Blackpool Wyre & Fylde AC	2:34.4		
2	573	Freddy Cheyne	Preston Harriers	2:36.6		
3	372	George Jackson	Kirkby Milers AC	2:37.3		
4	467	Huw Christie	Liverpool Pembroke & Sef	2:40.3		
5	735	Dylan Parker	Preston Harriers	2:55.9		
6	416	Joe Maguire	Lancaster & Morecambe A	2:57.9		
7	405	William Gardner	Lancaster & Morecambe A	2:59.9		
8	647	Ryan Catton	Wigan & District H & AC	3:04.2		

Under 13 Boys 800m heat 2

1	11	Noah Cook	Barrow & Furness Striders	2:23.5		
2	731	Harry Hopkinson	Preston Harriers	2:25.4		
3	736	Nathaniel White	Preston Harriers	2:37.0		
4	555	Alex Dugdale	Pendle Athletic Club	2:37.7		
5	802	Jacob Taylor	Lancaster & Morecambe A	2:42.3		
6	307	Billy Rowbottom	Chorley Athletic And Tria	3:02.5		
7	291	Lucas Forshaw	Chorley Athletic And Tria	3:04.0		
8	719	Henry Birchall	Kendal Amateur Athletic C	3:06.2		



Under 13 Boys 800m overall

1	11	Noah Cook	Barrow & Furness	2:23.5	7	D2
2	731	Harry Hopkinson	Preston Harriers	2:25.4	7	D1
3	156	Bobby Hastwell	Blackpool Wyre & Fylde	2:34.4	5	D1
4	573	Freddy Cheyne	Preston Harriers	2:36.6	4	D1
5	736	Nathaniel White	Preston Harriers	2:37.0		
6	372	George Jackson	Kirkby Milers AC	2:37.3	3	D1
7	555	Alex Dugdale	Pendle AC	2:37.7	5	D2
8	467	Huw Christie	Liverpool P & S	2:40.3	2	D1
9	802	Jacob Taylor	Lancaster & Morecambe	2:42.3	4	D2
10	735	Dylan Parker	Preston Harriers	2:55.9		
11	416	Joe Maguire	Lancaster & Morecambe	2:57.9	3	D2
12	405	William Gardner	Lancaster & Morecambe	2:59.9		
13	307	Billy Rowbottom	Chorley AC & Tri	3:02.5	2	D2
14	291	Lucas Forshaw	Chorley AC & Tri	3:04.0	1	D2
15	647	Ryan Catton	Wigan & District	3:04.2		
16	719	Henry Birchall	Kendal AAC	3:06.2		

Under 13 Boys 1500m

1	622	James McGrory	Southport Waterloo	4:53.4	7	D1
2	254	Ethan Statham	Bury AC	5:02.2	7	D2
3	595	Jack Turner	Preston Harriers	5:06.5	5	D1
4	139	Max Unthank	Blackburn Harriers	5:11.5	4	D1
5	463	Matthew Bennett	Liverpool P & S	5:16.7	3	D1
6	383	Aron Savage	Kirkby Milers AC	5:43.3	2	D1
7	358	Oliver Wrigley	Kendal AAC	5:46.1	5	D2
8	290	Ethan Ford	Chorley AC & Tri	6:26.9	4	D2
9	818	Joshua McAfee	Lytham St Annes	6:32.3	3	D2

Under 13 Boys 4 x 100m Relay

1	366		Kirkby Milers AC	65.1	7	D1
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Under 13 Boys High Jump

1	391	Logan Bentley	Lancaster & Morecambe	1.30	7	D2
2	343	Ben Hollows	Kendal AAC	1.15	5	D2
3	719	Henry Birchall	Kendal AAC	N.M0		

Under 13 Boys Long Jump heat 1

1	11	Noah Cook	Barrow & Furness Striders	4.06		
2	736	Nathaniel White	Preston Harriers	3.86		
3	686	Charlie Stretton	Wigan & District H & AC	3.62		
4	307	Billy Rowbottom	Chorley Athletic And Tria	3.59		
5	347	Peter Talks	Lancaster & Morecambe A	3.59		
6	407	Ruben Heath	Lancaster & Morecambe A	3.53		
7	80	Zakariya Haq	Blackburn Harriers & Ac	3.48		
8	366	Harrison Ellis	Kirkby Milers AC	3.39		
9	361	Ryan Cartwright	Kirkby Milers AC	3.34		
10	281	James Astley	Chorley Athletic And Tria	3.32		
11	358	Oliver Wrigley	Kendal Amateur Athletic C	3.29		
12	301	Liam Mullineux	Chorley Athletic And Tria	3.26		
13	291	Lucas Forshaw	Chorley Athletic And Tria	3.25		
14	518	Saul Taylor Bromley	Liverpool Pembroke & Sef	3.24		
15	719	Henry Birchall	Kendal Amateur Athletic C	3.10		
16	341	Fisher Hayton	Kendal Amateur Athletic C	2.84		
17	290	Ethan Ford	Chorley Athletic And Tria	2.80		
18	474	Cruz Edwards	Liverpool Pembroke & Sef	2.67		
19	818	Joshua McAfee	Lytham St Annes RR Club	2.43		

Under 13 Boys Long Jump heat 1

1	11	Noah Cook	Barrow & Furness Striders	4.06		
2	736	Nathaniel White	Preston Harriers	3.86		
3	686	Charlie Stretton	Wigan & District H & AC	3.62		
4	307	Billy Rowbottom	Chorley Athletic And Tria	3.59		
5	347	Peter Talks	Lancaster & Morecambe A	3.59		
6	407	Ruben Heath	Lancaster & Morecambe A	3.53		
7	80	Zakariya Haq	Blackburn Harriers & Ac	3.48		
8	366	Harrison Ellis	Kirkby Milers AC	3.39		
9	361	Ryan Cartwright	Kirkby Milers AC	3.34		
10	281	James Astley	Chorley Athletic And Tria	3.32		
11	358	Oliver Wrigley	Kendal Amateur Athletic C	3.29		
12	301	Liam Mullineux	Chorley Athletic And Tria	3.26		
13	291	Lucas Forshaw	Chorley Athletic And Tria	3.25		
14	518	Saul Taylor Bromley	Liverpool Pembroke & Sef	3.24		
15	719	Henry Birchall	Kendal Amateur Athletic C	3.10		
16	341	Fisher Hayton	Kendal Amateur Athletic C	2.84		
17	290	Ethan Ford	Chorley Athletic And Tria	2.80		
18	474	Cruz Edwards	Liverpool Pembroke & Sef	2.67		
19	818	Joshua McAfee	Lytham St Annes RR Club	2.43		

Under 13 Boys Long Jump overall

1	11	Noah Cook	Barrow & Furness	4.06	7	D2
2	736	Nathaniel White	Preston Harriers	3.86	7	D1
3	686	Charlie Stretton	Wigan & District	3.62	5	D2
4	307	Billy Rowbottom	Chorley AC & Tri	3.59	4	D2
5	347	Peter Talks	Lancaster & Morecambe	3.59	3	D2
6	407	Ruben Heath	Lancaster & Morecambe	3.53	2	D2
7	80	Zakariya Haq	Blackburn Harriers	3.48	5	D1
8	366	Harrison Ellis	Kirkby Milers AC	3.39	4	D1
9	361	Ryan Cartwright	Kirkby Milers AC	3.34	3	D1
10	281	James Astley	Chorley AC & Tri	3.32	1	D2
11	358	Oliver Wrigley	Kendal AAC	3.29		
12	301	Liam Mullineux	Chorley AC & Tri	3.26		
13	291	Lucas Forshaw	Chorley AC & Tri	3.25		
14	518	Saul Taylor Bromley	Liverpool P & S	3.24	2	D1
15	719	Henry Birchall	Kendal AAC	3.10		
16	341	Fisher Hayton	Kendal AAC	2.84		
17	290	Ethan Ford	Chorley AC & Tri	2.80		
18	474	Cruz Edwards	Liverpool P & S	2.67	1	D1
19	818	Joshua McAfee	Lytham St Annes	2.43		

Under 13 Boys Shot heat 1

1	813	Zeekie Yansaneh (NC)	Rothwell Harriers & AC	8.45		
2	281	James Astley	Chorley Athletic And Tria	7.49		
3	392	Henry Bowers	Lancaster & Morecambe A	7.17		
4	383	Aron Savage	Kirkby Milers AC	5.47		
5	301	Liam Mullineux	Chorley Athletic And Tria	5.25		
6	764	Ryan Poland	Kirkby Milers AC	4.98		
7	416	Joe Maguire	Lancaster & Morecambe A	4.06		



Under 13 Boys Shot heat 1

1	813	Zeekie Yansaneh (NC)	Rothwell Harriers & AC	8.45		
2	281	James Astley	Chorley Athletic And Tria	7.49		
3	392	Henry Bowers	Lancaster & Morecambe A	7.17		
4	383	Aron Savage	Kirkby Milers AC	5.47		
5	301	Liam Mullineux	Chorley Athletic And Tria	5.25		
6	764	Ryan Poland	Kirkby Milers AC	4.98		
7	416	Joe Maguire	Lancaster & Morecambe A	4.06		

Under 13 Boys Shot overall

1	813	Zeekie Yansaneh (NC)	Rothwell Harriers & AC	8.45		
2	281	James Astley	Chorley AC & Tri	7.49	7	D2
3	392	Henry Bowers	Lancaster & Morecambe	7.17	5	D2
4	383	Aron Savage	Kirkby Milers AC	5.47	7	D1
5	301	Liam Mullineux	Chorley AC & Tri	5.25	4	D2
6	764	Ryan Poland	Kirkby Milers AC	4.98	5	D1
7	416	Joe Maguire	Lancaster & Morecambe	4.06	3	D2

Under 13 Boys Discus

1	813	Zeekie Yansaneh (NC)	Rothwell Harriers & AC	17.05		
2	80	Zakariya Haq	Blackburn Harriers	15.78	7	D1

Under 13 Boys Javelin heat 1

1	347	Peter Talks	Lancaster & Morecambe A	27.62		
2	80	Zakariya Haq	Blackburn Harriers & Ac	27.59		
3	391	Logan Bentley	Lancaster & Morecambe A	23.14		
4	23	Lewis Jupp-Jackson	Barrow & Furness Striders	13.85		
5	383	Aron Savage	Kirkby Milers AC	13.58		
6	290	Ethan Ford	Chorley Athletic And Tria	8.88		

Under 13 Boys Javelin heat 1

1	347	Peter Talks	Lancaster & Morecambe A	27.62		
2	80	Zakariya Haq	Blackburn Harriers & Ac	27.59		
3	391	Logan Bentley	Lancaster & Morecambe A	23.14		
4	23	Lewis Jupp-Jackson	Barrow & Furness Striders	13.85		
5	383	Aron Savage	Kirkby Milers AC	13.58		
6	290	Ethan Ford	Chorley Athletic And Tria	8.88		

Under 13 Boys Javelin overall

1	347	Peter Talks	Lancaster & Morecambe	27.62	7	D2
2	80	Zakariya Haq	Blackburn Harriers	27.59	7	D1
3	391	Logan Bentley	Lancaster & Morecambe	23.14	5	D2
4	23	Lewis Jupp-Jackson	Barrow & Furness	13.85	4	D2
5	383	Aron Savage	Kirkby Milers AC	13.58	5	D1
6	290	Ethan Ford	Chorley AC & Tri	8.88	3	D2

Senior Women 100m heat 1 Wind: +3.4

1	482	Queenie Nguta	Preston Harriers	12.4		
2	483	Eleanor Noblet	Preston Harriers	12.7		
3	631	Tracey Ashworth (NC)	Rossendale Harriers & AC	13.0		
4	448	Anita Saunders	Pendle Athletic Club	13.5		
5	488	Joanne Rowicki	Preston Harriers	13.5		
6	141	Chloe Parsons	Blackpool Wyre & Fylde A	13.7		

Senior Women 100m heat 2 Wind: +3.6

1	714	Julie Hicken (NC)	Warrington A C	14.9		
2	709	Rebecca Seaton (NC)	Border Harriers & AC	15.2		
3	133	Katie Longbottom	Blackpool Wyre & Fylde A	15.3		
4	416	Laura Purdy	Liverpool Pembroke & Sef	15.5		
5	710	Angela Kelly (NC)	Giffnock North AAC	16.4		
6	699	Michelle Durney	Liverpool Pembroke & Sef	17.4		
7	336	Paula Heaton	Kirkby Milers AC	19.5		

Senior Women 100m overall

1	482	Queenie Nguta	Preston Harriers	12.4	7	D1
2	483	Eleanor Noblet	Preston Harriers	12.7	5	D1
3	631	Tracey Ashworth (NC)	Rossendale Harriers & AC	13.0		
4	448	Anita Saunders	Pendle AC	13.5	7	D2
5	488	Joanne Rowicki	Preston Harriers	13.5		
6	141	Chloe Parsons	Blackpool Wyre & Fylde	13.7	4	D1
7	714	Julie Hicken (NC)	Warrington A C	14.9		
8	709	Rebecca Seaton (NC)	Border Harriers & AC	15.2		
9	133	Katie Longbottom	Blackpool Wyre & Fylde	15.3	3	D1
10	416	Laura Purdy	Liverpool P & S	15.5	2	D1
11	710	Angela Kelly (NC)	Giffnock North AAC	16.4		
12	699	Michelle Durney	Liverpool P & S	17.4	1	D1
13	336	Paula Heaton	Kirkby Milers AC	19.5	5	D2

Senior Women 200m heat 1 Wind: +2.8

1	469	Carol Holt	Preston Harriers	27.9		
2	488	Joanne Rowicki	Preston Harriers	28.6		
3	448	Anita Saunders	Pendle Athletic Club	28.9		
4	141	Chloe Parsons	Blackpool Wyre & Fylde A	29.2		
5	714	Julie Hicken (NC)	Warrington A C	31.4		

Senior Women 200m heat 2 Wind: +0.6

1	604	Charlotte Douglas (NC)	North East Project	32.1		
2	709	Rebecca Seaton (NC)	Border Harriers & AC	32.5		
3	133	Katie Longbottom	Blackpool Wyre & Fylde A	32.5		
4	416	Laura Purdy	Liverpool Pembroke & Sef	33.6		
5	699	Michelle Durney	Liverpool Pembroke & Sef	41.1		
6	336	Paula Heaton	Kirkby Milers AC	43.4		

Senior Women 200m overall

1	469	Carol Holt	Preston Harriers	27.9	7	D1
2	488	Joanne Rowicki	Preston Harriers	28.6	5	D1
3	448	Anita Saunders	Pendle AC	28.9	7	D2
4	141	Chloe Parsons	Blackpool Wyre & Fylde	29.2	4	D1
5	714	Julie Hicken (NC)	Warrington A C	31.4		
6	604	Charlotte Douglas (NC)	North East Project	32.1		
7	709	Rebecca Seaton (NC)	Border Harriers & AC	32.5		
8	133	Katie Longbottom	Blackpool Wyre & Fylde	32.5	3	D1
9	416	Laura Purdy	Liverpool P & S	33.6	2	D1
10	699	Michelle Durney	Liverpool P & S	41.1	1	D1
11	336	Paula Heaton	Kirkby Milers AC	43.4	5	D2

Senior Women 400m

1	631	Tracey Ashworth (NC)	Rossendale Harriers & AC	61.8		
2	469	Carol Holt	Preston Harriers	66.0	7	D1



Senior Women 800m

1	53	Leah Hoole	Blackburn Harriers	2:30.0	7	D1
2	707	Alicia Tomlinson	Preston Harriers	2:30.3	5	D1
3	103	Rebecca Ward	Blackburn Harriers	2:33.5	4	D1

Senior Women 1500m

1	604	Charlotte Douglas (NC)	North East Project	5:38.8		
2	381	Heather Travis	Leven Valley AC	6:03.8	7	D2
3	699	Michelle Durney	Liverpool P & S	7:26.1	7	D1

Senior Women 4 x 100m Relay

1	482		Preston Harriers	56.4	7	D1
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Senior Women High Jump

1	723	Lauren Byrne	Southport Waterloo	1.45	7	D1
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Senior Women Long Jump

1	723	Lauren Byrne	Southport Waterloo	4.93	7	D1
2	483	Eleanor Noblet	Preston Harriers	4.88	5	D1
3	448	Anita Saunders	Pendle AC	3.97	7	D2
4	709	Rebecca Seaton (NC)	Border Harriers & AC	3.84		
5	555	Eleanor Hopper	Wigan & District	3.55	5	D2
6	133	Katie Longbottom	Blackpool Wyre & Fylde	3.32	4	D1
7	336	Paula Heaton	Kirkby Milers AC	1.90	4	D2

Senior Women Triple Jump

1	151	Millie Turner	Blackpool Wyre & Fylde	9.44	7	D1
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Senior Women Shot heat 1

1	145	Nia Rutter	Blackpool Wyre & Fylde AC	11.73		
2	554	Rebekah Hopper	Wigan & District H & AC	9.89		
3	346	Hannah Carruthers	Lancaster & Morecambe AC	9.37		
4	143	Gracie Rutter	Blackpool Wyre & Fylde AC	7.97		
5	716	Blythe Cordwell (NC)	Horwich R M I Harriers	6.81		
6	357	Emily Sim	Lancaster & Morecambe AC	5.29		
7	430	Jackie Wilkinson	Liverpool Pembroke & Sefton	4.19		

Senior Women Shot heat 1

1	145	Nia Rutter	Blackpool Wyre & Fylde AC	11.73		
2	554	Rebekah Hopper	Wigan & District H & AC	9.89		
3	346	Hannah Carruthers	Lancaster & Morecambe AC	9.37		
4	143	Gracie Rutter	Blackpool Wyre & Fylde AC	7.97		
5	716	Blythe Cordwell (NC)	Horwich R M I Harriers	6.81		
6	357	Emily Sim	Lancaster & Morecambe AC	5.29		
7	430	Jackie Wilkinson	Liverpool Pembroke & Sefton	4.19		

Senior Women Shot overall

1	145	Nia Rutter	Blackpool Wyre & Fylde	11.73	7	D1
2	554	Rebekah Hopper	Wigan & District	9.89	7	D2
3	346	Hannah Carruthers	Lancaster & Morecambe	9.37	5	D1
4	143	Gracie Rutter	Blackpool Wyre & Fylde	7.97	4	D1
5	716	Blythe Cordwell (NC)	Horwich R M I Harriers	6.81		
6	357	Emily Sim	Lancaster & Morecambe	5.29	3	D1
7	430	Jackie Wilkinson	Liverpool P & S	4.19	2	D1

Senior Women Discus

1	554	Rebekah Hopper	Wigan & District	35.20	7	D2
2	618	Zoe Lynch	Lancaster & Morecambe	27.29	7	D1
3	145	Nia Rutter	Blackpool Wyre & Fylde	21.69	5	D1
4	143	Gracie Rutter	Blackpool Wyre & Fylde	19.94	4	D1
5	436	Lynn Baker	Pendle AC	19.48	5	D2
6	159	Helen Ruth Goodwill	Burnley AC	17.34	4	D2
7	430	Jackie Wilkinson	Liverpool P & S	13.66	3	D1
8	555	Eleanor Hopper	Wigan & District	11.80	3	D2

Senior Women Javelin

1	554	Rebekah Hopper	Wigan & District	30.05	7	D2
2	357	Emily Sim	Lancaster & Morecambe	29.21	7	D1
3	346	Hannah Carruthers	Lancaster & Morecambe	24.03	5	D1
4	723	Lauren Byrne	Southport Waterloo	23.17	4	D1
5	145	Nia Rutter	Blackpool Wyre & Fylde	22.92	3	D1
6	159	Helen Ruth Goodwill	Burnley AC	17.54	5	D2
7	555	Eleanor Hopper	Wigan & District	15.72	4	D2
8	143	Gracie Rutter	Blackpool Wyre & Fylde	14.34	2	D1

Senior Women Hammer

1	716	Blythe Cordwell (NC)	Horwich R M I Harriers	30.23		
2	346	Hannah Carruthers	Lancaster & Morecambe	27.84	7	D1
3	618	Zoe Lynch	Lancaster & Morecambe	27.29	5	D1
4	436	Lynn Baker	Pendle AC	19.67	7	D2
5	159	Helen Ruth Goodwill	Burnley AC	18.68	5	D2
6	357	Emily Sim	Lancaster & Morecambe	18.25		

Under 17 Women 100m

1	293	Elah Berry	Hyndburn AC	13.4	7	D2
2	700	Emily Leason	Liverpool P & S	13.7	7	D1
3	356	Isla Roberts	Lancaster & Morecambe	13.8	5	D1
4	124	Emily Ford	Blackpool Wyre & Fylde	14.3	4	D1
5	457	Evie Carberry	Preston Harriers	14.3	3	D1
6	715	Kinsley Lawrenson	Blackpool Wyre & Fylde	14.8	2	D1
7	307	Lea Woodcock	Hyndburn AC	15.3	5	D2

Under 17 Women 200m

1	540	Isobel Dyson	Wigan & District	26.5	7	D2
2	140	Sinead O'Neill	Blackpool Wyre & Fylde	26.5	7	D1
3	20	Mahiya Mohan	Barrow & Furness	26.9	5	D2
4	293	Elah Berry	Hyndburn AC	29.2	4	D2
5	584	Lucy Stretton	Wigan & District	29.6	3	D2
6	715	Kinsley Lawrenson	Blackpool Wyre & Fylde	30.1	5	D1
7	124	Emily Ford	Blackpool Wyre & Fylde	30.5		

Under 17 Women 300m

1	540	Isobel Dyson	Wigan & District	42.7	7	D2
2	20	Mahiya Mohan	Barrow & Furness	44.3	5	D2
3	706	Molly Taylor	Preston Harriers	44.4	7	D1
4	584	Lucy Stretton	Wigan & District	49.2	4	D2
5	480	Holly Moffatt	Preston Harriers	50.1	5	D1
6	89	Imogen Robinson	Blackburn Harriers	54.2	4	D1



Under 17 Women 800m

1	95	Lottie Smith	Blackburn Harriers	2:31.7	7	D1
2	503	Isla Gray	Southport Waterloo	2:33.3	5	D1
3	480	Holly Moffatt	Preston Harriers	2:36.9	4	D1
4	82	Isabelle Perry	Blackburn Harriers	2:40.0	3	D1
5	321	Holly Jenner	Kendal AAC	2:42.8	2	D1

Under 17 Women 1500m

1	512	Sydney Monahan Clarkson	Southport Waterloo	5:24.5	7	D1
2	307	Lea Woodcock	Hyndburn AC	6:52.6	7	D2

Under 17 Women 3000m

1	529	Katie Bonner	Wigan & District	12:20.1	7	D2
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Under 17 Women High Jump

1	356	Isla Roberts	Lancaster & Morecambe	1.45	7	D1
2	89	Imogen Robinson	Blackburn Harriers	1.35	5	D1

Under 17 Women Long Jump

1	700	Emily Leason	Liverpool P & S	4.48	7	D1
2	151	Millie Turner	Blackpool Wyre & Fylde	4.36	5	D1
3	356	Isla Roberts	Lancaster & Morecambe	4.32	4	D1
4	305	Heidi Sagar-Moss	Hyndburn AC	3.89	7	D2
5	321	Holly Jenner	Kendal AAC	3.33	3	D1

Under 17 Women Triple Jump

1	151	Millie Turner	Blackpool Wyre & Fylde	9.44	7	D1
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Under 17 Women Shot

1	521	Yasmin Baker	Wigan & District	12.91	7	D2
2	144	Marcia Rutter	Blackpool Wyre & Fylde	7.39	7	D1
3	583	Christina Stewart	Wigan & District	7.23	5	D2
4	305	Heidi Sagar-Moss	Hyndburn AC	6.78	4	D2

Under 17 Women Discus

1	521	Yasmin Baker	Wigan & District	20.99	7	D2
2	144	Marcia Rutter	Blackpool Wyre & Fylde	17.25	7	D1

Under 17 Women Javelin

1	99	Olivia Thomasson	Blackburn Harriers	33.50	7	D1
2	521	Yasmin Baker	Wigan & District	26.69	7	D2
3	583	Christina Stewart	Wigan & District	23.26	5	D2
4	144	Marcia Rutter	Blackpool Wyre & Fylde	14.60	5	D1

Under 17 Women Hammer

1	398	Isabelle Grayson	Liverpool P & S	20.86	7	D1
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Under 15 Girls 100m heat 1 Wind: +4.1

1	492	Eva Whiteside	Preston Harriers	13.0		
2	443	Phoebe Law	Pendle Athletic Club	13.2		
3	40	Isabella Finn	Blackburn Harriers & Ac	13.7		
4	116	Kirsten Charnley	Blackpool Wyre & Fylde A	13.8		
5	523	Holly Barnes	Wigan & District H & AC	15.1		
6	248	Christina Monkhouse	Carlisle Aspatria AC	15.5		

Under 15 Girls 100m heat 2 Wind: +1.6

1	473	Amber Leho	Preston Harriers	13.2		
2	451	Dottie-grace Alty	Preston Harriers	13.6		
3	26	Imogen Boardman	Blackburn Harriers & Ac	13.6		
4	440	Eloise Dawson	Pendle Athletic Club	14.3		
5	125	Lucy Ford	Blackpool Wyre & Fylde AC	14.4		
6	606	Yasmin Winstanley	Preston Harriers	14.4		

Under 15 Girls 100m heat 3 Wind: +5.3

1	268	Emma Hope	Chorley Athletic And Tria	13.3		
2	476	Ellie McDonald	Preston Harriers	14.2		
3	464	Kara Giddins	Preston Harriers	14.3		
4	466	Esme Harper	Preston Harriers	14.5		
5	717	Gabriella Hopley-Sharratt	Blackpool Wyre & Fylde AC	14.5		
6	697	Amelia Hardman	Kendal Amateur Athletic C	14.7		
7	472	Lois Kellett	Preston Harriers	15.3		

Under 15 Girls 100m overall

1	492	Eva Whiteside	Preston Harriers	13.0	7	D1
2	443	Phoebe Law	Pendle AC	13.2	7	D2
3	473	Amber Leho	Preston Harriers	13.2	5	D1
4	268	Emma Hope	Chorley AC & Tri	13.3	5	D2
5	451	Dottie-grace Alty	Preston Harriers	13.6		
6	26	Imogen Boardman	Blackburn Harriers	13.6	4	D1
7	40	Isabella Finn	Blackburn Harriers	13.7	3	D1
8	116	Kirsten Charnley	Blackpool Wyre & Fylde	13.8	2	D1
9	476	Ellie McDonald	Preston Harriers	14.2		
10	440	Eloise Dawson	Pendle AC	14.3	4	D2
11	464	Kara Giddins	Preston Harriers	14.3		
12	125	Lucy Ford	Blackpool Wyre & Fylde	14.4	1	D1
13	606	Yasmin Winstanley	Preston Harriers	14.4		
14	466	Esme Harper	Preston Harriers	14.5		
15	717	Gabriella Hopley-Sharratt	Blackpool Wyre & Fylde	14.5		
16	697	Amelia Hardman	Kendal AAC	14.7		
17	523	Holly Barnes	Wigan & District	15.1	3	D2
18	472	Lois Kellett	Preston Harriers	15.3		
19	248	Christina Monkhouse	Carlisle Aspatria AC	15.5	2	D2

Under 15 Girls 200m heat 1 Wind: +2.2

1	446	Marnie Nelson	Pendle Athletic Club	27.5		
2	311	Anna Cobley	Kendal Amateur Athletic C	29.3		
3	116	Kirsten Charnley	Blackpool Wyre & Fylde AC	29.5		
4	303	Lucy Pepper	Hyndburn Ac	30.1		
5	344	Eve Briffett	Lancaster & Morecambe AC	31.9		
6	248	Christina Monkhouse	Carlisle Aspatria AC	32.4		

Under 15 Girls 200m heat 2 Wind: +2.9

1	492	Eva Whiteside	Preston Harriers	26.8		
2	443	Phoebe Law	Pendle Athletic Club	27.3		
3	451	Dottie-grace Alty	Preston Harriers	27.6		
4	268	Emma Hope	Chorley Athletic And Tria	28.6		
5	239	Agatha Wragg	Bury Athletic Club	29.1		
6	226	Carraghen Spence	Bury Athletic Club	29.3		



Under 15 Girls 200m heat 3

1	222	Isabella Robinson	Bury Athletic Club	29.0		
2	456	Lula Cairns	Preston Harriers	29.4		
3	283	Isobel Reid	Chorley Athletic And Tria	29.5		
4	541	Lilly Grace Earles	Wigan & District H & AC	31.4		
5	717	Gabriella Hopley-Sharratt	Blackpool Wyre & Fylde AC	31.7		
6	334	Isabelle Wrigley	Kendal Amateur Athletic C	33.1		

Under 15 Girls 200m heat 4 Wind: +3.1

1	134	Isla MacPherson	Blackpool Wyre & Fylde AC	29.3		
2	284	Millie Reid	Chorley Athletic And Tria	29.4		
3	721	Grace Cain	Southport Waterloo AC	30.3		
4	476	Ellie McDonald	Preston Harriers	30.7		
5	606	Yasmin Winstanley	Preston Harriers	30.9		
6	349	Tilly Dowthwaite	Lancaster & Morecambe A	33.7		

Under 15 Girls 200m overall

1	492	Eva Whiteside	Preston Harriers	26.8	7	D1
2	443	Phoebe Law	Pendle AC	27.3	7	D2
3	446	Marnie Nelson	Pendle AC	27.5	5	D2
4	451	Dottie-grace Alty	Preston Harriers	27.6	5	D1
5	268	Emma Hope	Chorley AC & Tri	28.6	4	D2
6	222	Isabella Robinson	Bury AC	29.0	3	D2
7	239	Agatha Wragg	Bury AC	29.1	2	D2
8	311	Anna Copley	Kendal AAC	29.3	4	D1
9	226	Carraghen Spence	Bury AC	29.3		
10	134	Isla MacPherson	Blackpool Wyre & Fylde	29.3	3	D1
11	456	Lula Cairns	Preston Harriers	29.4		
12	284	Millie Reid	Chorley AC & Tri	29.4	1	D2
13	116	Kirsten Charnley	Blackpool Wyre & Fylde	29.5	2	D1
14	283	Isobel Reid	Chorley AC & Tri	29.5		
15	303	Lucy Pepper	Hyndburn AC	30.1		
16	721	Grace Cain	Southport Waterloo	30.3	1	D1
17	476	Ellie McDonald	Preston Harriers	30.7		
18	606	Yasmin Winstanley	Preston Harriers	30.9		
19	541	Lilly Grace Earles	Wigan & District	31.4		
20	717	Gabriella Hopley-Sharratt	Blackpool Wyre & Fylde	31.7		
21	344	Eve Briffett	Lancaster & Morecambe	31.9		
22	248	Christina Monkhouse	Carlisle Aspatria AC	32.4		
23	334	Isabelle Wrigley	Kendal AAC	33.1		
24	349	Tilly Dowthwaite	Lancaster & Morecambe	33.7		

Under 15 Girls 300m heat 1

1	192	Faye Gribbin	Bury Athletic Club	45.1		
2	239	Agatha Wragg	Bury Athletic Club	45.6		
3	473	Amber Leho	Preston Harriers	46.5		
4	134	Isla MacPherson	Blackpool Wyre & Fylde A	48.1		
5	647	Isla Rund	Blackpool Wyre & Fylde AC	51.1		

Under 15 Girls 300m heat 2

1	26	Imogen Boardman	Blackburn Harriers & Ac	46.9		
2	226	Carraghen Spence	Bury Athletic Club	47.4		
3	222	Isabella Robinson	Bury Athletic Club	48.7		
4	456	Lula Cairns	Preston Harriers	48.7		
5	491	Francesca White	Preston Harriers	49.2		

Under 15 Girls 300m overall

1	192	Faye Gribbin	Bury AC	45.1	7	D2
2	239	Agatha Wragg	Bury AC	45.6	5	D2
3	473	Amber Leho	Preston Harriers	46.5	7	D1
4	26	Imogen Boardman	Blackburn Harriers	46.9	5	D1
5	226	Carraghen Spence	Bury AC	47.4		
6	134	Isla MacPherson	Blackpool Wyre & Fylde	48.1	4	D1
7	222	Isabella Robinson	Bury AC	48.7		
8	456	Lula Cairns	Preston Harriers	48.7	3	D1
9	491	Francesca White	Preston Harriers	49.2		
10	647	Isla Rund	Blackpool Wyre & Fylde	51.1	2	D1

Under 15 Girls 800m heat 1

1	60	Millie Jordan	Blackburn Harriers & Ac	2:21.8		
2	311	Anna Copley	Kendal Amateur Athletic C	2:27.6		
3	284	Millie Reid	Chorley Athletic And Tria	2:28.9		
4	703	Sophie Mitchell	Preston Harriers	2:34.2		
5	655	Erica Purnell	Preston Harriers	2:41.0		
6	559	Mia Lacey	Wigan & District H & AC	2:42.8		
7	349	Tilly Dowthwaite	Lancaster & Morecambe A	2:48.3		
8	352	Olivia Hemingway	Lancaster & Morecambe A	2:56.8		

Under 15 Girls 800m heat 2

1	283	Isobel Reid	Chorley Athletic And Tria	2:34.0		
2	329	Lily Slater	Kendal Amateur Athletic C	2:37.9		
3	316	Tess Evans	Kendal Amateur Athletic C	2:39.7		
4	715	Kinsley Lawrenson	Blackpool Wyre & Fylde A	2:40.7		
5	570	Holly Nicholls	Wigan & District H & AC	2:44.4		
6	491	Francesca White	Preston Harriers	2:45.5		
7	437	Julia Biskupiak	Pendle Athletic Club	2:49.0		
8	354	Alice Lupton	Lancaster & Morecambe A	2:49.8		
9	347	Arwen Cresswell	Lancaster & Morecambe A	2:52.2		
10	358	Rahael Talks	Lancaster & Morecambe A	2:53.6		

Under 15 Girls 800m overall

1	60	Millie Jordan	Blackburn Harriers	2:21.8	7	D1
2	311	Anna Copley	Kendal AAC	2:27.6	5	D1
3	284	Millie Reid	Chorley AC & Tri	2:28.9	7	D2
4	283	Isobel Reid	Chorley AC & Tri	2:34.0	5	D2
5	703	Sophie Mitchell	Preston Harriers	2:34.2	4	D1
6	329	Lily Slater	Kendal AAC	2:37.9	3	D1
7	316	Tess Evans	Kendal AAC	2:39.7		
8	715	Kinsley Lawrenson	Blackpool Wyre & Fylde	2:40.7	2	D1
9	655	Erica Purnell	Preston Harriers	2:41.0	1	D1
10	559	Mia Lacey	Wigan & District	2:42.8	4	D2
11	570	Holly Nicholls	Wigan & District	2:44.4	3	D2
12	491	Francesca White	Preston Harriers	2:45.5		
13	349	Tilly Dowthwaite	Lancaster & Morecambe	2:48.3		
14	437	Julia Biskupiak	Pendle AC	2:49.0	2	D2
15	354	Alice Lupton	Lancaster & Morecambe	2:49.8		
16	347	Arwen Cresswell	Lancaster & Morecambe	2:52.2		
17	358	Rahael Talks	Lancaster & Morecambe	2:53.6		
18	352	Olivia Hemingway	Lancaster & Morecambe	2:56.8		



Under 15 Girls 1500m

1	64	Lyra Krige	Blackburn Harriers	5:09.4	7	D1
2	114	Jemima Bradburn	Blackpool Wyre & Fylde	5:10.7	5	D1
3	518	Grace Veevers	Southport Waterloo	5:19.3	4	D1
4	673	Bonita Kewley (NC)	Liverpool Harriers & AC	5:20.9		
5	344	Eve Briffett	Lancaster & Morecambe	5:33.5	3	D1
6	721	Grace Cain	Southport Waterloo	5:38.8	2	D1

Under 15 Girls 4 x 100m Relay

1	446		Pendle AC	55.0	7	D2
2	492		Preston Harriers	56.3	7	D1

Under 15 Girls High Jump

1	383	Poppy Abraham	Liverpool P & S	1.48	7	D1
2	464	Kara Giddins	Preston Harriers	1.30	5	D1
3	40	Isabella Finn	Blackburn Harriers	1.25	4	D1
4	570	Holly Nicholls	Wigan & District	1.10	7	D2
5	541	Lilly Grace Earles	Wigan & District	n.hr		

Under 15 Girls Long Jump heat 1

1	40	Isabella Finn	Blackburn Harriers & Ac	4.23		
2	464	Kara Giddins	Preston Harriers	4.22		
3	473	Amber Leho	Preston Harriers	4.17		
4	26	Imogen Boardman	Blackburn Harriers & Ac	3.89		
5	352	Olivia Hemingway	Lancaster & Morecambe A	3.46		
6	344	Eve Briffett	Lancaster & Morecambe A	3.43		
7	349	Tilly Dowthwaite	Lancaster & Morecambe A	3.35		
8	125	Lucy Ford	Blackpool Wyre & Fylde A	3.28		
9	347	Arwen Cresswell	Lancaster & Morecambe A	3.13		
10	523	Holly Barnes	Wigan & District H & AC	2.85		
11	354	Alice Lupton	Lancaster & Morecambe A	N.jp		

Under 15 Girls Long Jump heat 1

1	40	Isabella Finn	Blackburn Harriers & Ac	4.23		
2	464	Kara Giddins	Preston Harriers	4.22		
3	473	Amber Leho	Preston Harriers	4.17		
4	26	Imogen Boardman	Blackburn Harriers & Ac	3.89		
5	352	Olivia Hemingway	Lancaster & Morecambe A	3.46		
6	344	Eve Briffett	Lancaster & Morecambe A	3.43		
7	349	Tilly Dowthwaite	Lancaster & Morecambe A	3.35		
8	125	Lucy Ford	Blackpool Wyre & Fylde A	3.28		
9	347	Arwen Cresswell	Lancaster & Morecambe A	3.13		
10	523	Holly Barnes	Wigan & District H & AC	2.85		
11	354	Alice Lupton	Lancaster & Morecambe A	N.jp		

Under 15 Girls Long Jump overall

1	40	Isabella Finn	Blackburn Harriers	4.23	7	D1
2	464	Kara Giddins	Preston Harriers	4.22	5	D1
3	473	Amber Leho	Preston Harriers	4.17	4	D1
4	26	Imogen Boardman	Blackburn Harriers	3.89	3	D1
5	352	Olivia Hemingway	Lancaster & Morecambe	3.46	2	D1
6	344	Eve Briffett	Lancaster & Morecambe	3.43	1	D1
7	349	Tilly Dowthwaite	Lancaster & Morecambe	3.35		
8	125	Lucy Ford	Blackpool Wyre & Fylde	3.28		
9	347	Arwen Cresswell	Lancaster & Morecambe	3.13		
10	523	Holly Barnes	Wigan & District	2.85	7	D2
11	354	Alice Lupton	Lancaster & Morecambe	N.jp		

Under 15 Girls Shot

1	391	Margaret-isobel Casey	Liverpool P & S	8.37	7	D1
2	268	Emma Hope	Chorley AC & Tri	6.84	7	D2
3	111	Georgia Allmark	Blackpool Wyre & Fylde	4.82	5	D1

Under 15 Girls Discus

1	590	Ava Wareing	Wigan & District	12.99	7	D2
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Under 15 Girls Javelin

1	590	Ava Wareing	Wigan & District	22.59	7	D2
2	492	Eva Whiteside	Preston Harriers	21.26	7	D1
3	283	Isobel Reid	Chorley AC & Tri	16.18	5	D2
4	111	Georgia Allmark	Blackpool Wyre & Fylde	12.95	5	D1
5	284	Millie Reid	Chorley AC & Tri	8.13	4	D2

Under 15 Girls Hammer

1	590	Ava Wareing	Wigan & District	17.72	7	D2
2	111	Georgia Allmark	Blackpool Wyre & Fylde	13.49	7	D1

Under 13 Girls 100m heat 1 Wind: +2.6

1	243	Amy Johnstone	Carlisle Aspatria AC	12.6		
2	651	Iona Bell	Preston Harriers	13.1		
3	142	Esme Rutter	Blackpool Wyre & Fylde A	13.4		
4	692	Sophia Bowden-McKay	Wigan & District H & AC	14.6		
5	318	Seren Gore	Kendal Amateur Athletic C	14.7		
6	712	Ezzie Yansaneh (NC)	Leeds City Athletic Club	15.5		

Under 13 Girls 100m heat 2 Wind: +4.6

1	380	Madisyn Strydom	Leven Valley AC	14.1		
2	135	Adleigh McCunnell	Blackpool Wyre & Fylde A	14.3		
3	86	Anvitha Reddy	Blackburn Harriers & Ac	14.4		
4	195	Annabelle Hinze	Bury Athletic Club	15.3		
5	659	Matilda Darby	Wigan & District H & AC	15.4		
6	247	Ada Monkhouse	Carlisle Aspatria AC	15.9		

Under 13 Girls 100m heat 3 Wind: +2.6

1	656	Eva Strettle	Preston Harriers	13.7		
2	397	Jessica Gamble	Liverpool Pembroke & Sef	14.3		
3	190	Thea Golby-Thomson	Bury Athletic Club	14.9		
4	335	Melissa Cameron	Kirkby Milers AC	15.0		
5	323	Emily Ladell	Kendal Amateur Athletic C	15.5		
6	251	Macey Wilson	Carlisle Aspatria AC	17.3		

Under 13 Girls 100m heat 4 Wind: +2.1

1	452	Georgina Andrews	Preston Harriers	14.7		
2	718	Chloe Senior	Blackpool Wyre & Fylde A	14.7		
3	130	Grace Kirkham	Blackpool Wyre & Fylde A	15.2		
4	361	Sofia Ann Winterbottom	Lancaster & Morecambe A	16.0		
5	343	Alice Briffett	Lancaster & Morecambe A	17.3		

Under 13 Girls 100m heat 5 Wind: +2.0

1	653	Hollie Lewis	Preston Harriers	14.2		
2	668	Ava Feenan (NC)	Liverpool Harriers & AC	14.4		
3	704	Isabel Owers	Preston Harriers	14.8		
4	691	Alana Dann	Blackpool Wyre & Fylde A	14.8		
5	701	Zara Arif	Preston Harriers	16.8		



Under 13 Girls 100m overall

1	243	Amy Johnstone	Carlisle Aspatria AC	12.6	7	D2
2	651	Iona Bell	Preston Harriers	13.1	7	D1
3	142	Esme Rutter	Blackpool Wyre & Fylde	13.4	5	D1
4	656	Eva Strettle	Preston Harriers	13.7	4	D1
5	380	Madisyn Strydom	Leven Valley AC	14.1	5	D2
6	653	Hollie Lewis	Preston Harriers	14.2		
7	135	Adleigh McCunnell	Blackpool Wyre & Fylde	14.3	3	D1
8	397	Jessica Gamble	Liverpool P & S	14.3	2	D1
9	86	Anvitha Reddy	Blackburn Harriers	14.4	1	D1
10	668	Ava Feenan (NC)	Liverpool Harriers & AC	14.4		
11	692	Sophia Bowden-McKay	Wigan & District	14.6	4	D2
12	318	Seren Gore	Kendal AAC	14.7		
13	452	Georgina Andrews	Preston Harriers	14.7		
14	718	Chloe Senior	Blackpool Wyre & Fylde	14.7		
15	691	Alana Dann	Blackpool Wyre & Fylde	14.8		
16	704	Isabel Owers	Preston Harriers	14.8		
17	190	Thea Golby-Thomson	Bury AC	14.9	3	D2
18	335	Melissa Cameron	Kirkby Milers AC	15.0	2	D2
19	130	Grace Kirkham	Blackpool Wyre & Fylde	15.2		
20	195	Annabelle Hinze	Bury AC	15.3	1	D2
21	659	Matilda Darby	Wigan & District	15.4		
22	712	Ezzie Yansaneh (NC)	Leeds City Athletic Club	15.5		
23	323	Emily Ladell	Kendal AAC	15.5		
24	247	Ada Monkhouse	Carlisle Aspatria AC	15.9		
25	361	Sofia Ann Winterbottom	Lancaster & Morecambe	16.0		
26	701	Zara Arif	Preston Harriers	16.8		
27	251	Macey Wilson	Carlisle Aspatria AC	17.3		
28	343	Alice Briffett	Lancaster & Morecambe	17.3		

Under 13 Girls 200m heat 1 Wind: +2.2

1	651	Iona Bell	Preston Harriers	27.8		
2	656	Eva Strettle	Preston Harriers	28.7		
3	668	Ava Feenan (NC)	Liverpool Harriers & AC	29.9		
4	380	Madisyn Strydom	Leven Valley AC	30.3		
5	135	Adleigh McCunnell	Blackpool Wyre & Fylde AC	31.1		
6	190	Thea Golby-Thomson	Bury Athletic Club	31.8		

Under 13 Girls 200m heat 2 Wind: +2.3

1	243	Amy Johnstone	Carlisle Aspatria AC	26.7		
2	452	Georgina Andrews	Preston Harriers	30.4		
3	86	Anvitha Reddy	Blackburn Harriers & Ac	30.6		
4	669	Mia Feenan (NC)	Liverpool Harriers & AC	31.2		
5	130	Grace Kirkham	Blackpool Wyre & Fylde AC	32.6		
6	172	Lydia Blackmore	Bury Athletic Club	35.1		

Under 13 Girls 200m heat 3 Wind: +1.8

1	653	Hollie Lewis	Preston Harriers	30.4		
2	708	Millie Wright	Preston Harriers	31.0		
3	711	Grace Freary (NC)	Horwich R M I Harriers	32.4		
4	718	Chloe Senior	Blackpool Wyre & Fylde A	33.4		
5	375	Imogen Moore	Leven Valley AC	33.6		
6	247	Ada Monkhouse	Carlisle Aspatria AC	35.7		

Under 13 Girls 200m heat 4 Wind: +3.4

1	719	Tallulah Horrocks	Preston Harriers	30.6		
2	691	Alana Dann	Blackpool Wyre & Fylde A	31.9		
3	251	Macey Wilson	Carlisle Aspatria AC	35.9		
4	702	Lucy Mitchell	Preston Harriers	37.3		

Under 13 Girls 200m overall

1	243	Amy Johnstone	Carlisle Aspatria AC	26.7	7	D2
2	651	Iona Bell	Preston Harriers	27.8	7	D1
3	656	Eva Strettle	Preston Harriers	28.7	5	D1
4	668	Ava Feenan (NC)	Liverpool Harriers & AC	29.9		
5	380	Madisyn Strydom	Leven Valley AC	30.3	5	D2
6	452	Georgina Andrews	Preston Harriers	30.4		
7	653	Hollie Lewis	Preston Harriers	30.4		
8	86	Anvitha Reddy	Blackburn Harriers	30.6	4	D1
9	719	Tallulah Horrocks	Preston Harriers	30.6		
10	708	Millie Wright	Preston Harriers	31.0		
11	135	Adleigh McCunnell	Blackpool Wyre & Fylde	31.1	3	D1
12	669	Mia Feenan (NC)	Liverpool Harriers & AC	31.2		
13	190	Thea Golby-Thomson	Bury AC	31.8	4	D2
14	691	Alana Dann	Blackpool Wyre & Fylde	31.9	2	D1
15	711	Grace Freary (NC)	Horwich R M I Harriers	32.4		
16	130	Grace Kirkham	Blackpool Wyre & Fylde	32.6		
17	718	Chloe Senior	Blackpool Wyre & Fylde	33.4		
18	375	Imogen Moore	Leven Valley AC	33.6	3	D2
19	172	Lydia Blackmore	Bury AC	35.1	2	D2
20	247	Ada Monkhouse	Carlisle Aspatria AC	35.7	1	D2
21	251	Macey Wilson	Carlisle Aspatria AC	35.9		
22	702	Lucy Mitchell	Preston Harriers	37.3		

Under 13 Girls 800m heat 1

1	713	Eve Dowling (NC)	Sale Harriers Manchester	2:37.2		
2	288	Emily Williams	Chorley Athletic And Tria	2:37.6		
3	271	Winnie Lancaster	Chorley Athletic And Tria	2:40.5		
4	375	Imogen Moore	Leven Valley AC	2:44.2		
5	657	Grace Taylor	Preston Harriers	2:44.8		
6	669	Mia Feenan (NC)	Liverpool Harriers & AC	2:45.3		
7	610	Maggie Belfield	Blackpool Wyre & Fylde AC	2:45.9		
8	452	Georgina Andrews	Preston Harriers	2:46.6		
9	708	Millie Wright	Preston Harriers	2:49.3		
10	705	Sophie Rigby	Preston Harriers	2:51.7		
11	573	Emily Pennington	Wigan & District H & AC	2:51.8		
12	335	Melissa Cameron	Kirkby Milers AC	2:55.1		
13	353	Isabella Ingham	Lancaster & Morecambe A	2:59.2		
14	361	Sofia Ann Winterbottom	Lancaster & Morecambe A	3:07.1		
15	343	Alice Briffett	Lancaster & Morecambe A	3:18.0		
16	274	Jennifer Littler	Chorley Athletic And Tria	3:26.3		
17	698	Elizabeth Curran	Lancaster & Morecambe A	3:37.2		



Under 13 Girls 800m heat 1

1	713	Eve Dowling (NC)	Sale Harriers Manchester	2:37.2		
2	288	Emily Williams	Chorley Athletic And Tria	2:37.6		
3	271	Winnie Lancaster	Chorley Athletic And Tria	2:40.5		
4	375	Imogen Moore	Leven Valley AC	2:44.2		
5	657	Grace Taylor	Preston Harriers	2:44.8		
6	669	Mia Feenan (NC)	Liverpool Harriers & AC	2:45.3		
7	610	Maggie Belfield	Blackpool Wyre & Fylde AC	2:45.9		
8	452	Georgina Andrews	Preston Harriers	2:46.6		
9	708	Millie Wright	Preston Harriers	2:49.3		
10	705	Sophie Rigby	Preston Harriers	2:51.7		
11	573	Emily Pennington	Wigan & District H & AC	2:51.8		
12	335	Melissa Cameron	Kirkby Milers AC	2:55.1		
13	353	Isabella Ingham	Lancaster & Morecambe AC	2:59.2		
14	361	Sofia Ann Winterbottom	Lancaster & Morecambe AC	3:07.1		
15	343	Alice Briffett	Lancaster & Morecambe AC	3:18.0		
16	274	Jennifer Littler	Chorley Athletic And Tria	3:26.3		
17	698	Elizabeth Curran	Lancaster & Morecambe AC	3:37.2		

Under 13 Girls 800m overall

1	713	Eve Dowling (NC)	Sale Harriers Manchester	2:37.2		
2	288	Emily Williams	Chorley AC & Tri	2:37.6	7	D2
3	271	Winnie Lancaster	Chorley AC & Tri	2:40.5	5	D2
4	375	Imogen Moore	Leven Valley AC	2:44.2	4	D2
5	657	Grace Taylor	Preston Harriers	2:44.8	7	D1
6	669	Mia Feenan (NC)	Liverpool Harriers & AC	2:45.3		
7	610	Maggie Belfield	Blackpool Wyre & Fylde	2:45.9	5	D1
8	452	Georgina Andrews	Preston Harriers	2:46.6	4	D1
9	708	Millie Wright	Preston Harriers	2:49.3		
10	705	Sophie Rigby	Preston Harriers	2:51.7		
11	573	Emily Pennington	Wigan & District	2:51.8	3	D2
12	335	Melissa Cameron	Kirkby Milers AC	2:55.1	2	D2
13	353	Isabella Ingham	Lancaster & Morecambe	2:59.2	3	D1
14	361	Sofia Ann Winterbottom	Lancaster & Morecambe	3:07.1	2	D1
15	343	Alice Briffett	Lancaster & Morecambe	3:18.0		
16	274	Jennifer Littler	Chorley AC & Tri	3:26.3		
17	698	Elizabeth Curran	Lancaster & Morecambe	3:37.2		

Under 13 Girls 1500m heat 1

1	562	Katie-louise Malley	Wigan & District H & AC	5:07.3		
2	704	Isabel Owers	Preston Harriers	5:35.6		
3	711	Grace Freary (NC)	Horwich R M I Harriers	5:36.2		
4	289	Ava Winstanley	Chorley Athletic And Tria	5:36.6		

Under 13 Girls 1500m heat 1

1	562	Katie-louise Malley	Wigan & District H & AC	5:07.3		
2	704	Isabel Owers	Preston Harriers	5:35.6		
3	711	Grace Freary (NC)	Horwich R M I Harriers	5:36.2		
4	289	Ava Winstanley	Chorley Athletic And Tria	5:36.6		

Under 13 Girls 1500m overall

1	562	Katie-louise Malley	Wigan & District	5:07.3	7	D2
2	704	Isabel Owers	Preston Harriers	5:35.6	7	D1
3	711	Grace Freary (NC)	Horwich R M I Harriers	5:36.2		
4	289	Ava Winstanley	Chorley AC & Tri	5:36.6	5	D2

Under 13 Girls 4 x 100m Relay

1	651		Preston Harriers	56.2	7	D1
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Under 13 Girls High Jump

1	142	Esme Rutter	Blackpool Wyre & Fylde	1.35	7	D1
2	397	Jessica Gamble	Liverpool P & S	1.20	5	D1
3	353	Isabella Ingham	Lancaster & Morecambe	1.15	4	D1
4	573	Emily Pennington	Wigan & District	1.10	7	D2
5	698	Elizabeth Curran	Lancaster & Morecambe	1.05	3	D1

Under 13 Girls Long Jump

1	243	Amy Johnstone	Carlisle Aspatria AC	4.70	7	D2
2	335	Melissa Cameron	Kirkby Milers AC	3.90	5	D2
3	705	Sophie Rigby	Preston Harriers	3.85	7	D1
4	247	Ada Monkhouse	Carlisle Aspatria AC	3.81	4	D2
5	323	Emily Ladell	Kendal AAC	3.75	5	D1
6	397	Jessica Gamble	Liverpool P & S	3.71	4	D1
7	719	Tallulah Horrocks	Preston Harriers	3.66	3	D1
8	380	Madisyn Strydom	Leven Valley AC	3.63	3	D2
9	251	Macey Wilson	Carlisle Aspatria AC	3.63		
10	318	Seren Gore	Kendal AAC	3.62	2	D1
11	135	Adleigh McCunnell	Blackpool Wyre & Fylde	3.57	1	D1
12	130	Grace Kirkham	Blackpool Wyre & Fylde	3.50		
13	718	Chloe Senior	Blackpool Wyre & Fylde	3.31		
14	659	Matilda Darby	Wigan & District	3.25	2	D2
15	692	Sophia Bowden-McKay	Wigan & District	3.17	1	D2
16	343	Alice Briffett	Lancaster & Morecambe	3.04		
17	701	Zara Arif	Preston Harriers	3.03		
18	712	Ezzie Yansaneh (NC)	Leeds City Athletic Club	3.02		
19	698	Elizabeth Curran	Lancaster & Morecambe	2.94		
20	274	Jennifer Littler	Chorley AC & Tri	2.87		
21	146	Rosaleigh Rutter	Blackpool Wyre & Fylde	2.12		

Under 13 Girls Shot

1	142	Esme Rutter	Blackpool Wyre & Fylde	7.47	7	D1
2	304	Esther Sagar-Moss	Hyndburn AC	6.41	7	D2
3	195	Annabelle Hinze	Bury AC	6.09	5	D2
4	361	Sofia Ann Winterbottom	Lancaster & Morecambe	5.45	5	D1
5	146	Rosaleigh Rutter	Blackpool Wyre & Fylde	4.25	4	D1

Under 13 Girls Discus

1	304	Esther Sagar-Moss	Hyndburn AC	15.38	7	D2
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Under 13 Girls Javelin

1	304	Esther Sagar-Moss	Hyndburn AC	26.84	7	D2
2	146	Rosaleigh Rutter	Blackpool Wyre & Fylde	5.97	7	D1



Female Division 1

(Doesn't include officials points)

Preston Harriers	192
Blackpool Wyre & Fylde AC	181
Blackburn Harriers & AC	82
Lancaster & Morecambe AC	78
Liverpool Pembroke & Sefton H AC	64
Southport Waterloo AC	37
Kendal Amateur Athletic Club	24

Female Division 2

(Doesn't include officials points)

Wigan & District H & AC	161
Pendle Athletic Club	65
Chorley Athletic and Triathlon Club	55
Hyndburn AC	55
Bury Athletic Club	32
Carlisle Aspatria AC	28
Leven Valley AC	27
Kirkby Milers AC	23
Burnley AC	14
Barrow & Furness Striders AC	10

Male Division 1

(Doesn't include officials points)

Kirkby Milers AC	171
Southport Waterloo AC	121
Preston Harriers	119
Blackburn Harriers & AC	105
Liverpool Pembroke & Sefton H AC	79
Blackpool Wyre & Fylde AC	72
Carlisle Aspatria AC	39

Male Division 2

(Doesn't include officials points)

Lancaster & Morecambe AC	157
Chorley Athletic and Triathlon Club	129
Wigan & District H & AC	129
Bury Athletic Club	65
Barrow & Furness Striders AC	45
Kendal Amateur Athletic Club	44
Lytham St Annes RR Club	25
Pendle Athletic Club	25
Leven Valley AC	22
Burnley AC	18
Hyndburn AC	14